

UMass 5K Dash & Dine for Relief/Walk & Run Registration Form

Additional Location Information

The run/walk starts at Haigis Mall in the center of campus (by the Fine Arts Center) and finishes at the Southwest residential area (at the Horseshoe). Parking available in Visitor's Center on campus. This 5K road race is a measured certified course that is pending.

About This Event

UMass Dining, Amherst is hosting this event to promote healthy eating, fitness as well as community action. Runners and walkers participate in a 5K around the UMASS campus, finishing at the Southwest dining area where they can enjoy an authentic Haitian lunch and other award winning entrees as well as participate in a Health Fair. Prizes will be awarded to first place runners in age groups. All participants are encouraged to bring one non-perishable food item for the Amherst Survival Center. All proceeds from entry fees collected will benefit the people of Haiti. Meal plan participants will automatically have a meal donated to Haiti. Those not on a meal plan will donate \$5.00 of registration fee to Haiti.

Name: _____

Street: _____

If student living in residence halls, list room number and dorm

City: _____ **State:** _____ **Zip Code:** _____

Birth date: MM/DD/YYYY _____

Age on day of event: _____

Gender: Male Female

E-mail: _____

Phone: () -

T-shirt Size: Small Medium Large X-Large XX-Large

Emergency Contact Name: _____

Please enter name of friend/family that should be contacted in case of an emergency

Emergency Phone: () -

Please enter phone number of friend/family listed above that should be contacted in case of an emergency

Select a Category:

___ Run – UMass student on meal plan - \$10.00

___ Run – Non-student and students NOT on meal plan - \$25.00

___ Walk – UMass student on meal plan - \$10.00

___ Walk – Non-student and students NOT on meal plan - \$25.00

___ Not able to participate – would like to donate \$10 to Haiti Relief - \$10.00

___ Not able to participate – would like to donate \$25 to Haiti Relief - \$25.00

UMass student? Yes No

List ID # if on meal plan: _____

Running on a team (5 people/single sex)? Yes No

If on team, name of team: _____

Waiver/Release Form:

- Print out waiver on next page
- Read and sign your name and date
- Get witness signature and date
- If participant under 18 years of age, please get parent/guardian signature
- If you already pre-registered on-line by March 24, 2010, bring waiver to race on the day of the event or fax to: 413.545.9673 by 3 pm on March 26, 2010

Payment:

Check: Make out to: University of Massachusetts

Mail registration form and waiver by Saturday, March 20, 2010 to:

5K Dash & Dine for Relief
669 North Pleasant Street
Amherst, MA 01003

Fax registration form and waiver release form to 413.545.9673 by March 24, 2010

Sign up on-line and pay via credit card at www.umassdining.com

Registration available the day of the race, but at an additional \$5.00 will be charged.



UMASS 5K DASH & DINE FOR RELIEF LIABILITY RELEASE

This is a legally binding Release made by me, _____, to the University of Massachusetts (University).

I fully recognize that there are dangers and risks to which I may be exposed by participating in UMass 5K Dash & Dine for Relief on March 27, 2010. The following is a description and examples of specific, significant, non-obvious dangers and risks associated with this activity:

I understand that the University does not require me to participate in this activity, but I want to do so, despite the possible dangers and risks and despite this Release.

I therefore agree, in consideration of and return for the services, facilities, and other assistance provided to me by the University in this activity, to RELEASE the University (and its Board of Trustees, officers, employees, and agents) from any and all liability, claims and actions that may arise from injury or harm to me, from my death or from damage to my property in connection with my participation in this activity. I understand that this RELEASE covers liability, claims and actions caused entirely or in part by any acts or failures to act of the University (or its Trustees, employees, or agents), including but not limited to negligence, mistake, or failure to supervise by the University.

I recognize that this RELEASE means I am giving up, among other things, rights to sue the University, its Trustees, employees, and agents for injuries, damages, or losses I may incur. I also understand that this Release binds my heirs, executors, administrators, and assigns, as well as myself.

I realize that this route may be open to traffic. I hereby grant to Commonwealth of Massachusetts/UMass Dining Race Committee and its affiliated agencies the right to reproduce and use my images in any manner consistent with the promotion of the race and its mission, such use to include, but is not limited to: publication, display, advertising, web use, broadcast, etc.

I have read this entire Release, I fully understand it and I agree to be legally bound by it.

THIS IS A RELEASE OF YOUR RIGHTS. READ CAREFULLY BEFORE SIGNING.

(Releasor's Signature/Date)

(Witness Signature/Date)

(Parent or Guardian Signature if Releasor is under 18 years old/Date)