

SUGARLOAF MOUNTAIN ATHLETIC CLUB'S  
NORTHAMPTON 5K CROSS-COUNTRY RACE  
SERIES

Date 9.13.11  
Race # 24  
Total 643

At Community Gardens, Burts Pit Road, Northampton,  
Ma.

www.sugarloafmac.org smacrunning@yahoo.com 413 584-7725

Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
100	74	26	4	27	21	17	15	10	5	1

About 80 degrees, sunny and still. A plague of skeeters! GAAHHHH! We started at 6:15 and will start at 6:15 for the remaining two races: Tuesdays on September 20<sup>th</sup> and 27<sup>th</sup>.

Volunteers: Doug and Isabel Cummings, Andrea Olkin and young Kin, Sue Grant, April Grant, Gene Reilly, Bob Massaro, Bryon Dailey, Dave Whitcomb, David Degon, Aaron Stone, Jeff Hansen, Sanjay Arwade, Jim Farrick, Mike Vachula, and Mike Duffy. W= has won here

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	16:09	Drew Best	29		W Fastest here this year!
2	17:41	David Degon	19		W 49second improvement
3	17:56	Aaron Stone	28		W
4	18:03	Scott Remick	37		
5	18:15	Ed Parrot	41		W 46second improvement
6	18:51	Donald Pacher	39		W
7	18:57	Jeff Hansen	41		W
8	19:05	Sanjay Arwarde	37		
9	19:10	Joe Thibault	16		
10	19:19	Trey Kelley	17		
11	19:26	Tim Lilienthal	32		
12	19:42	Alejandro Heuck	46		
13	19:46	Ross Krause	31		
14	20:02	Mark Seltzner	28		
15	20:05	James Callaway	48		
16	20:06	Chris Fanning	19		
17	20:10	Kelsey Allen	28	F1	1 <sup>st</sup> Woman
18	20:22	Joey Talbert	32		
19	20:33	Aaron Judge	31		
20	20:40	Mattea Kramer	28	F2	

21	20:43	Mike Kosiorek	23		
22	20:51	Joseph Sayles	29		
23	20:58	Bill Moor	29		
24	21:02	Casey KeeLey	16		
25	21:07	Adrian Staub	41		
26	21:08	John Reino	47		15 seconds better
27	21:15	Mike Olkin	39		
28	21:19	Matt Kosiorek	26		
29	21:29	Joellen Cameron	48	F3	1 <sup>st</sup> 30+,40+ Woman
30	21:35	Cameron Currie	24		
31	21:47	Venrick Wilson	32		
32	22:06	Allen Condron	32		
33	22:12	Marcus Klebart	14		
34	22:20	Colby Currie	27		
35	22:31	Doug Kowal	35		
36	22:33	Adam Cogbill	26		
37	22:36	Frances McGrath	22	F4	
38	22:57	Nicole Williamson	24	F5	
39	23:13	Allen Fu	17		
40	23:31	Evar Qiao	16		
41	23:39	Jim Farrick	48		463ed race here
42	23:52	Jeff Petrovitch	28		
43	23:59	Stanford Ho	17		
44	24:10	Laurie Herrick	49	F6	
45	24:24	Mike Duffy	60		1 <sup>st</sup> 50+, 60+
46	24:27	Josh Walker	34		
47	24:28	David Beaudet	38		
48	24:30	Andrew Lombard	17		
49	24:39	Megan Pehoviak	15	F7	
50	24:46	Haoyu Han	15		
51	24:54	Daryl Delisle	54		
52	25:09	Andrew Faulstich	14		
53	25:11	Frank McDonald	60		
54	25:20	Frank Ansanitis	57		
55	25:29	Marissa Small-Towne	15	F8	
56	25:30	Kelly Seifert	28	F9	
57	25:32	Nathan Santerre	30		
58	26:01	Dan McNair	37		
59	26:03	Shawn Robbins	25		
60	26:05	Carl Cignoni	60		

61	26:08	Heather Little	16	F10	
62	26:16	Chris Dostal	59		
63	26:21	Dave Whitcomb	66		
64	26:33	Ed Dean	53		
65	26:47	Pinqi Lu	17		
66	26:52	Mark Dean	59		
67	27:11	Bryon Dailey	56		
68	27:31	Isabel Cummings	11	F11	1 <sup>st</sup> 12 or under Girl
69	27:33	Doug Cummings	49		
70	28:00	Alicia Wendolowski	35	F12	
71	28:03	Debra Ansanitis	55	F13	1 <sup>st</sup> 50+ Woman (and she won 50+ in the 9/11 race in Southwick on Sunday)
72	28:09	Zach Meunier	14		
73	28:21	Bob Massaro	67		
74	28:23	Josh Slater	17		
75	28:38	Olivia Neiswanger	14	F14	
76	28:46	Stefan Cautino	26		
77	28:47	Jason Merritt	25		
78	28:53	Steve Richardson	51		
79	29:24	Karin Jitsakula	17	F15	
80	29:49	Haotian Cui	15		
81	29:50	Justin Piquette	15		
82	29:50	Mia Konstantakos	16	F16	
83	29:54	Karen Hosley	30	F17	
84	29:55	Mike Vachula	46		
85	30:07	Yi Cui	17		
86	30:12	Mita Hickson	17	F18	
87	30:31	Doug O'Connell	46		
88	30:35	Rosemary Dell'Aeria	52	F19	
89	30:36	Steve Penna	55		
90	30:49	Marissa Cautino	26	F20	
91	30:59	Mary Vincunas	17	F21	
92	32:31	Abigail Touhey	7	F22	
93	32:35	Dan Touhey	45		
94	33:30	Ryan Leaf	16		
95	33:30	Christine Baye	26	F23	
96	33:56	Steve Bandarra	43		
97	38:45	Janna Parrot	7	F24	

98	43:14	Rachel Huynh	5	F25	
99	43:15	Lisa Newman	41	F26	
100	48:09	Bill Rohan	76		1 <sup>st</sup> 70+