

SUGARLOAF MOUNTAIN ATHLETIC CLUB'S  
NORTHAMPTON 5K CROSS-COUNTRY RACE  
SERIES

Date 9.20.11  
Race # 25  
Total 644

At Community Gardens, Burts Pit Road, Northampton,  
Ma.

www.sugarloafmac.org smacrunning@yahoo.com 413 584-7725

Total	Men	Women	12&under	Teens	20's	30's	40's	50's	60's	70's
50	43	7	2	4	11	4	15	9	4	1

65 degrees, overcast with moist air and skeeters. Volunteers: Gene Reilly, Sue Grant, April Grant, Jim Farrick, Jeff Hansen, John Reino, Joellen Cameron, Bob Massaro, Frank Ansanitis, Dan Lynes, Mike Vachula, and three Deans. W = the runner has won this race in the past Next week is the last race of the season and it starts at 6:15 with awards at 7:00

PLACE	TIME	NAME	AGE	Fs	REMARKS
1	17:06	Ryan Scanlon	19		Convincing Win
2	17:42	Ross Krause	31		
3	17:45	Ed Parrot	41		W 1 <sup>st</sup> 40+
4	18:19	David Degen	19		W
5	18:28	Jeff Hansen	41		W
6	18:57	Alejandro Heuck	46		
7	19:02	Rodney Furr	47		Airmanreturns
8	20:11	Dave Champoux	47		
9	20:27	Mike Kosiorek	23		
10	20:30	Mattea Kramer	28	F1	1 <sup>st</sup> Woman
11	20:32	Joseph Sayles	29		
12	20:49	Matt Kosiorek	26		
13	20:56	Brian Frodema	24		
14	21:21	Jonathan Shefftz	44		Bike8m/raceXC/bikeback
15	21:22	Cameron Currie	24		
16	21:24	John Reino	47		Boardmanrunsgood
17	21:33	Joellen Cameron	48	F2	1 <sup>st</sup> 30+, 40+ Woman
18	21:34	Joe Hasselvander	17		
19	21:43	Colby Currie	27		
20	21:49	Fernando Gonzalez	49		
21	21:59	Aaron Powell	26		1sectiefortimeprediction
22	22:51	Jim Plaza	59		1 <sup>st</sup> 50+ forSMACseriesW
23	23:03	Scott Cavanaugh	34		

24	23:05	Phil Bricker	57		
25	23:13	Richard Clark	57		
26	24:31	Daryl Delisle	54		1sectiefortimeprediction
27	24:50	Frank Ansaitis	57		
28	25:04	Joe Wynn	33		
29	25:38	Mark Dean	59		74secondsfasterthisweek
30	25:56	Shawn Robbins	25		relentless
31	26:06	Dennis Mathewson	43		
32	26:27	Ed Dean	53		
33	26:36	Brian Goddu	61		1 <sup>st</sup> 60+
34	27:32	Stefan Cautino	26		
35	27:39	Bob Massaro	67		
36	28:13	Steve Richardson	51		
37	29:52	Debra Ansaitis	56	F3	1 <sup>st</sup> 50+ Woman
38	30:08	Ashley Grant	33	F4	
39	30:09	Marissa Cautino	26	F5	
40	30:12	Dan Lynes	68		
41	30:25	Doug O'Connell	46		
42	30:55	Nick Paul	17		
43	31:44	Mike Vachula	46		
44	32:05	Abigail Touhey	7	F6	Wins 12 or under Race
45	32:06	Dan Touhey	43		1sectiefortimeprediction
46	32:07	Steve Bandarra	43		
47	32:56	Janna Parrot	7	F7	
48	38:43	Bill Dean	64		
49	44:54	Bill Rohan	76		1 <sup>st</sup> 70+
50	50:00	Jim Farrick	48		464 <sup>th</sup> race on our course